Vancouver metro

THURSDAY, JANUARY 28, 2016

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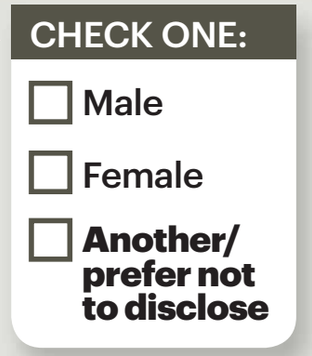

Your essential daily news | THURSDAY, JANUARY 28, 2016

High 11°C/Low 6°C Showers

PLAY WITH PRIDE

City MLA wants Canucks to join the Pride tape ranks

metroNEWS

'Disregard of authority'

RELEASED DOCUMENTS

UBC board levels criticisms at former president

Matt Kieltyka
Metro | Vancouver

Arvind Gupta's short-lived term as president of the University of British Columbia was "unsettled" and exposed "key deficiencies" in his leadership, according to newly revealed documents.

The university released 861 pages of documents this week in response to Freedom of Information requests made related to Gupta's resignation on Aug. 7, 2015.

Many of the documents in the package were heavily, or completely, redacted but Reddit users discovered the file inadvertently contained attachments of all the original materials in their entirety.

The uncensored documents, now in the public realm, contain blunt critiques of Gupta from the university's dissatisfied board and its chair, John Montalbano.

It also offers the first public glimpse at the turmoil that led to Gupta's sudden resignation just one year into his presidency.

"The Board has noted that your first year as leader of The University of British Columbia has been an unsettled one," writes Montalbano in a May 24, 2015 letter. "Relationships with key stakeholder groups, notably your senior executive, the Faculty Deans and the Board of Governors are not at functional levels to allow you to move forward in a confident manner."

The May 24 memo, titled "RE: Review of Meeting Held on May 18", accuses Gupta of "not seeking advice or being receptive to it," running an inexperienced and understaffed office, being "too quick to engage in debate in a confrontational or dismissive manner" and suggests the renowned researcher has, after many meetings, come to understand he has "some key deficiencies in ... leadership style that must be addressed."

"To be completely transparent with you, we are still not certain that you fully appreciate the scope of your accountability," Montalbano continues.

The board recommends a number of corrective measures.

"To be very clear, we all wish you to succeed, as it is in the best interest of the University that you do."

But problems seemed to persist.

In another memo, titled "Follow-Up to Our June 2nd Conversation", Montalbano tells Gupta his actions suggest he possesses "an indifference or intolerance of the Board at best — or worse, an intended disregard of its authority."

The memo urged Gupta to present the board with a formal outline of how he plans to build consensus around his vision for the university.

"How do we remove the sense, fairly or unfairly, that the 'ship is rudderless'?"

Realizing that the revealing documents had been posted publicly, UBC immediately took the FOI documents off their servers Wednesday.

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Your essential daily news

Canada ranked ninth least corrupt country in the world; Denmark remains in top spot.

Police make two arrests in boating crime spree

LAW ENFORCEMENT

Crafts targeted in False Creek, English Bay, Howe Sound

Thandi Fletcher
Metro | Vancouver

For months, a rash of thefts of dinghies, kayaks and rowboats along Vancouver's False Creek has puzzled local boaters.

But on Wednesday, Vancouver police shed light on the mystery, announcing the arrests of two men believed to be responsible for a six-month crime spree that targeted boats and cabins around False Creek, English Bay and Howe Sound.

"They spent some time on the boats and in the cabins, eating the food there … drinking booze, drinking out of pop cans, and actually going so far as to cook food on boats or in cabins, as well," police marine patrol Const. Janet Stringer told reporters about the brazen break-ins and thefts.

Jeremy Edward Donald Walker, 35, was arrested Dec. 1 at the West Hotel in the Downtown Eastside while police executed a search warrant and recovered some of the stolen property, which included marine equipment, clothing, personal property and guns.

Liam Eric Fell, 39, was arrested Dec. 6 during an investigation into a break-in at a cabin on Passage Island, near West Vancouver.

Both have been charged with a variety of firearms and property-related offences in connection with the thefts.

The arrests and charges come six months after police noticed a rise in thefts of dinghies, kayaks and rowboats along False Creek, starting in July and August.

In November, police received a tip that eventually led to them to the suspects.

Stringer said investigators believe the men used the small boats to allegedly access marinas, anchored yachts in local harbours and remote cabins on the Howe Sound islands to steal more goods.

She said they believe one of the men had boating experience, "just based on the lengths that he went to, to travel to various areas in Howe Sound."

She said the men likely slept over in the boats and cabins, spending up to two days there before fleeing and taking valuable items with them.

Police estimated the total value of stolen goods to be worth more than $200,000.

A dinghy, valued at more than $50,000 that was stolen from a luxury yacht, and a sailboat were among the stolen goods also recovered by police.

"It appears that they would bring the items back to land in the small boats," said Stringer. "They had access to someone's vehicle, as well as using a taxi, wheelbarrow and walking large volumes of property back to the Downtown Eastside."

Police said they are continuing to investigate, carrying out DNA and fingerprint testing, to determine if the men could be responsible for other marine thefts.

Consts. Brian Montague and Janet Stringer describe crime spree. THANDI FLETCHER/METRO

> It appears they would bring the items back to land in the small boats. Const. Janet Stringer

CAUTION

Police are reminding boat owners to secure their vessels, to not leave valuable items on board and to report any suspicious activity.

They are also asked to ensure their dinghies, kayaks and rowboats are securely locked.

Police also remind anyone with a seasonal cabin to check the property regularly and report suspicious activity.

CLAYTON STONER

NHLer guilty of hunting offence

National Hockey League defenceman Clayton Stoner has pleaded guilty to hunting without a licence in connection with a grizzly bear hunt on B.C.'s central coast.

Stoner, 30, who plays for the Anaheim Ducks, appeared in an Abbotsford court on Wednesday to face a charge under the provincial Wildlife Act involving the hunt in B.C.'s Great Bear Rainforest in May 2013.

His lawyer entered the plea on his behalf.

The Crown dropped four other charges against him, including knowingly making a false statement to obtain a hunting licence, hunting out of season, and unlawfully possessing dead wildlife.

Stoner initially defended his hunting trip with his father, an uncle and a friend, but a case was mounted against him after an investigation by B.C.'s Conservation Officer Service.

The service announced five charges in September, explaining Stoner did not meet residency requirements for the provincial hunt when he played for the Minnesota Wild.

Stoner applied for his hunting licence in his hometown of Port McNeill, on Vancouver Island, according to court records. But the address he provided was not his primary residence, which the Wildlife Act stipulates must be in B.C.

THE CANADIAN PRESS

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AIR INDIA ATTACKS

Community reels as bomb maker released

Residents of a small British Columbia city say they are thinking of the families of 331 people who died in the Air India bombings after the only man convicted for his role in the crime was released from prison.

Inderjit Singh Reyat was granted statutory release Monday after serving most of his nine-year sentence for perjury at the trial of two other men charged in Canada's worst mass murder.

Reyat was convicted in 1991 of two counts of manslaughter in the 1985 deaths of two baggage handlers when a bomb went off at Tokyo's Narita airport on the same day that another suitcase bomb exploded on the Air India flight over the Atlantic Ocean.

The Crown maintained Reyat built the bombs that were housed in suitcases meant to go off mid-air on two state-owned Air India planes as revenge against the Indian government.

Tom Paterson of Duncan, B.C., remembers seeing Reyat and his two young sons at garage sales but reeled as details of the man's involvement in the tragedy emerged in court.

Other residents in the Vancouver Island community say they're finding it hard to reconcile that someone who played a role in a deadly terrorist act 30 years ago can go back to his family but the relatives of the dead are left to grieve their loss forever.

THE CANADIAN PRESS

IN BRIEF

Man charged after fatal domestic dispute

A 19-year-old man has been charged with manslaughter after a woman died following a brutal assault in North Vancouver on Monday evening. Shortly after 6 p.m. Monday, North Vancouver RCMP responded to a 911 call about a dispute and possible assault at a home in the 300-block of East 1st Street.

When officers arrived, they heard sounds of a struggle and, after forcing their way inside, saw a man fleeing over a balcony.

Police chased after him and arrested him after a short foot chase. He is identified as Alex Lefkove. A 58-year-old woman, who police said is known to the suspect, was found in the home with extensive injuries.

Describing the incident as a "targeted, domestic related dispute," Sgt. Stephanie Ashton of IHIT said police would not be releasing further details.

THANDI FLETCHER/METRO

Alleged mass tire-slasher charged with mischief

North Vancouver Mounties say numerous charges have been laid against a man who is accused in a year-long crime spree.

Police say 33-year-old Shane Nendick of Squamish, B.C., faces charges of mischief in over 180 tire slashings in North Vancouver in December 2014.

Nendick has also been charged with arson and break and enter for an alleged incident last January where he's accused of breaking into Capilano University.

A safe at the university was smashed and a fire was started in the library.

THE CANADIAN PRESS

Sticks wrapped in Pride Tape are lined up outside the Oilers' dressing room. COURTESY EDMONTON OILERS

Pride Tape initiative stuck on Canucks

COMMUNITY WORKS

Hockey team encouraged to join LGBTQ campaign

Matt Kieltyka
Metro | Vancouver

The Vancouver Canucks should be the next National Hockey League organization to endorse Pride Tape, according to a local MLA.

The fast-growing initiative, started by the Institute for Sexual Minority Studies and Services at the University of Alberta, is currently raising money to make 10,000 rolls of rainbow coloured hockey tape in support of LGBTQ youth.

The Edmonton Oilers embraced the initiative last week by having its players wrap their sticks in Pride Tape during the team's annual skills competition and donating $8,000 to the campaign through its community foundation.

Vancouver-West End MLA Spencer Chandra Herbert wrote to Vancouver Canucks general manager Jim Benning on Tuesday encouraging the Canucks to join the cause.

"Having the Canucks embracing Pride Tape would be a neat way of demonstrating their support," Chandra Herbert told Metro. "From talking to folks, sports are one of the last bastions where homophobia in the locker room continues unabated."

Chandra Herbert — who credits former Canucks general manager Brian Burke for getting pro hockey to talk openly about LGBTQ athletes in recent years — says the "We Are All Canucks" mantra rings true throughout communities in British Columbia and that the team's support for Pride Tape would have a wide-reaching impact.

$62K

The Pride Tape crowd funding campaign on Kickstarter has raised $62,091 (exceeding its initial goal of $54,000).

The Canucks' response to Chandra Hebert's letter on Wednesday was an encouraging one.

"The Pride Tape campaign appears to be a great initiative and we've been discussing some ideas about how we can get more involved in the program to help support LGBTQ players and the broader community," said Chris Brumwell, Canucks Sports & Entertainment vice president of communications and community partnerships, in a statement provided to Metro.

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A recent poll shows 95% of British Columbians are against trophy hunting, yet Christy Clark's provincial government wants to drastically increase the number of grizzlies and wolves killed by trophy hunters in the Peace region and other areas of the BC interior. For example, they are proposing unlimited killing of wolves while tripling the number of grizzlies killed in the Peace region.

The proposals are not scientifically supported, will cause death, pain and suffering to wild wolves and bears and put politics in the place of science based wildlife management.

Tell Christy Clark and the BC Government what you think! For information on how, visit

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Strangers linked by mystery disorder

HEALTH

Athlete learns of rare genetic mutation by woman's call

Canadian hurdler Priscilla Lopes-Schliep can't forget the phone call. A woman from Iowa rang her up and claimed they might share a rare genetic condition.

Lopes-Schliep still recalls that Sunday in February 2014 when the caller said, "I looked you up on the Internet and I saw pictures of you."

That caller, Jill Viles, 41, has spindly arms and legs and needs a motorized scooter to get around because her muscles are too weak.

Lopes-Schliep, on the other hand, has powerful muscles all over her body. The 33-year-old former hurdler won an Olympic bronze medal in 2008.

What rare condition could they possibly share?

What triggered the call was a picture of Lopes-Schliep in her running gear, showing her powerful build. The photo was noticed by Viles' sister and set in motion the unlikely events that would tie Viles and Lopes-Schliep together.

For years, Viles pushed doctors and researchers for answers to her health problems. Viles suspected she might have lipodystrophy, a rare genetic disorder, characterized by fat accumulating in the neck, face and pelvic areas.

She had already been diagnosed with a rare gene mutation-related ailment, Emery-Dreifuss muscular dystrophy, which causes extreme muscle weakness and joint stiffening.

During the phone conversation on Feb. 2, 2014, the two shared their histories — similar stories about being teased about their veins while growing up, the loss of body fat. Lopes-Schliep's interest was piqued.

The two women would meet the following April at the Westin Harbour Castle hotel in Toronto. They spent the afternoon together, with Viles' mother and Lopes-Schliep's young daughters in tow.

Then came a big ask: Viles wanted Lopes-Schliep to get tested for the suspected mutation.

The runner says she didn't feel pressured and agreed because "sometimes you have a feeling in your gut."

Later that year, Viles tracked down Dr. Abhimanyu Garg, a professor of internal medicine and metabolic disease at the University of Texas Southwestern Medical Center. Garg, a leading expert in lipodystrophy, agreed to conduct genetic screening to check for the condition.

The tests confirmed both Viles and Lopes-Schliep have lipodystrophy.

The discovery of the genetic link the women share is credited for saving Lopes-Schliep from a pancreatitis attack due to her condition. Garg called Lopes-Schliep to warn her she was on the verge of a pancreatitis attack because of the high level of fat in her blood, a symptom of lipodystrophy.

"My jaw dropped," the runner says. That's because her cousin had a pancreatitis attack about a year earlier and spent almost two weeks in hospital, much of that time being fed through a tube.

Lopes-Schliep says she's eternally grateful that Viles had the courage to reach out. As Viles sums it up: "It's been an amazing journey." TORSTAR NEWS SERVICE

1 **Former Canadian Olympic hurdler and bronze-medal winner Priscilla Lopes-Schliep has something in common with Iowa mom Jill Viles: different mutations on the same gene.** CONTRIBUTED 2 Viles with son Martin. CONTRIBUTED 3 Lopes-Schliep competes during the 60-metre hurdles race in Sherbrooke, Que., in 2012. THE CANADIAN PRESS

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LGBTQ ISSUES

U of A adds third gender option

Alex Boyd
Metro | Edmonton

Students applying to the University of Alberta will soon have another option beyond male and female when disclosing their gender: "Another/prefer not to disclose."

"It makes the point to really say, 'We include you,'" said Cody Bondarchuk, with the student union, who campaigned on the issue when he ran for student office last year. "Talking to the students who felt like they didn't feel included was really heartbreaking."

Bondarchuk
KEVIN TUONG/ FOR METRO

Bondarchuk said that while gender data is useful for demographics, students shouldn't have to disclose if they don't want to — and the change is part of a larger move to make non-binary students feel more welcome.

At this point the new, third option appears only on the paper form, so university staff can input data manually and override the gender settings.

Acting associate registrar Norma Rodenburg said this is the first step in changing the way the university organizes its records. Gender is currently used to search student records and prevent things like duplicate profiles, which has made it difficult to remove it entirely, she said.

"But the longer goal is changing our reliance on the data points that we're using to manage our records."

Rodenburg said they've had calls from potential applicants concerned about having to tick a box based on the gender binary. "That's a problem," she said.

SYRIAN CRISIS

Tories skirted UN refugee rules

Released documents paint the clearest picture to date of how the Conservatives' controversial approach to Syrian refugee resettlement played out last year.

The prior government had originally committed to take in just 1,300 Syrian refugees. Former prime minister Stephen Harper had been under intense pressure to increase that total, but only agreed to accept 10,000 more, provided that religious and ethnic minorities were prioritized.

The policy was contentious. The vast majority of the refugees are Muslim. The decision to hone in on "religious minorities" prompted allegations the government was biased against Muslims and was violating UN principles of refugee resettlement.

The refugees Canada accepts for resettlement are chosen by the UN. They do not use ethnicity or religion as a basis for determining whether someone requires resettlement.

But documents tabled in the House of Commons this week show a workaround. Visa officers were instructed to track "areas of focus" for refugees, including whether someone was a member of a vulnerable ethnic or religious minority, the documents say.

They applied that criteria to the files they received from the UN. "Cases meeting at least one of the areas of focus were identified for expedited processing," the documents say. "Cases that did not meet the areas of focus were included in the mission's inventory and processed as a regular case." THE CANADIAN PRESS

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There or not, Trump still drives Republican debate

IOWA CAUCUS

Fox News snub keeps all eyes on GOP frontrunner

Once again, Donald Trump steals the show.

The billionaire Republican's decision to tangle with Fox News and skip the final presidential debate before Iowa's kickoff caucuses all but ensures that he — and he alone — will dominate the conversation in the closing moments of campaigning in 2016's leadoff state.

It's a move that for any other candidate would probably be viewed as un-presidential. But for Trump, it's more likely to serve as fresh evidence that he's successfully redefining the art of presidential politics.

"This takes guts and is the kind of mentality our country needs in order to Make America Great Again," Trump's campaign said.

Instead of appearing on the debate stage Thursday night, Trump said he will host an event at the same time to raise money for wounded veterans.

The move puts the other seven Republican participants in an awkward position. Attack the party's absentee front-runner and provide him with even more attention? Or ignore him and leave voters wondering what they think of the national Republican front-runner's hardball play just days before the Feb. 1 caucus?

"I think, you know, the media's been handled by him," said New Jersey Gov. Chris Christie, one of Trump's rivals for the Republican nomination. "Folks have allowed him to do things that no other candidate's ever been allowed to do in American presidential history."

Trump has maintained his support in the preference polls he loves to tout — a reflection of his ability to capture the feelings of a Republican electorate deeply skeptical of the party's establishment and of the country's news organizations.

For the past several days, Trump has sought Fox News anchor Megyn Kelly's removal as a moderator of the Thursday night debate. His back and forth with the network reached a tipping point on Tuesday afternoon, when Fox News mocked Trump with a sarcastic statement that said the leaders of Iran and Russia "both intend to treat Donald Trump unfairly when they meet with him if he becomes president."

Republican officials tried to hide their disappointment, if not their concern for the tremendous power Trump wields in the 2016 primary contest.

"Every candidate has the right to decide not to participate in a sanctioned debate," said Steve Duprey, the official in charge of the Republican National Committee's debate efforts. "Time will tell whether this works to his benefit or hurts his campaign."

Trump's campaign manager, Corey Lewandowski, said that "Mr. Trump doesn't play games."

"At the end of the day," he said on MSNBC, "Mr. Trump is going to have the last laugh."

THE ASSOCIATED PRESS

Republican presidential candidate Donald Trump, left, and Fox News Channel host and moderator Megyn Kelly. Trump isn't backing down from his threat to boycott Thursday night's GOP debate after calling Kelly a "lightweight" and biased.

THE ASSOCIATED PRESS FILE

> At the end of the day, Mr. Trump is going to have the last laugh.
>
> Corey Lewandowski, campaign manager

TRUMPED UP

Presidential campaign marked by controversy

Trump's presidential run has been defined by unconventional moments. He's questioned whether Arizona Sen. John McCain is worthy of being called a war hero, graphically criticized Fox News anchor Megyn Kelly and unveiled a widely condemned plan to bar Muslims from the United States.

SOCIAL MEDIA

Matador sparks outrage

A Spanish bullfighter took his five-month-old daughter into the ring with a charging bull just six months after he was gored while performing and nearly 22 years after his father died from bullfighting injuries.

Francisco Rivera Ordonez's daughter, Carmen, was born on Aug. 19. Just 10 days earlier, her father was hospitalized after being "gored in the groin by a bull" on Aug. 11.

The Ombudsman of Andalusia referred the image, posted to Ordonez's Instagram account, to Spanish prosecutors.

The image initially provoked furor on social media, led by animal activists like comedian Ricky Gervais, who tweeted: "Mental, dangerous & cruel. With or without a baby."

However, Ordonez's fellow bullfighters rallied to his defence, posting images of their own children in the ring.

Ordonez followed the original message, which spoke of Carmen's "debut," with a post apparently showing him in his father's arms in front of a charging bull, alongside the caption: "History repeats itself."

He also tweeted: "To think that I put my daughter's safety in danger is a barbaridad (atrocity)."

TORSTAR NEWS SERVICE

Francisco Rivera Ordonez with his daughter.

F.R.PAQUIRRI/INSTAGRAM

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NIGERIA

Suicide bombers kill 9 in market

Five female suicide bombers exploded in the Chibok hometown of Nigeria's kidnapped schoolgirls on Wednesday, killing nine people and wounding 32, witnesses said.

Soldiers were searching the northeastern town late Wednesday for two other women seen with the bombers and also suspected to be strapped with explosives, according to teacher Emmanuel Cosmos.

One of three wounded soldiers died in the hospital later Wednesday, according to a nurse who spoke on condition of anonymity. Another blast occurred at a military checkpoint at the entrance to Chibok, according to witnesses and community leader Tsambo Hosea Abana.

Residents blamed Boko Haram, the Islamic extremist group that kidnapped nearly 300 Chibok schoolgirls in April 2014. Dozens escaped, but 219 remain missing.

Chibok is a Christian enclave in Nigeria's predominantly Muslim north. Boko Haram's increasing use of girls and young women as suicide bombers has raised fears the militants are using captives as weapons.

THE ASSOCIATED PRESS

Mothers of missing girls, kidnapped from their school in Chibok, react during a rally.

PHILIP OJISUA/AFP/GETTY IMAGES

Canadian clothing retailers struggling

APPAREL

International competitors take up 'huge market space'

Le Château has become a penny stock, Reitmans is trading at less than $4 and Danier Leather is at $1.35, signalling a lack of confidence in Canada's few remaining publicly traded apparel retailers.

"It isn't a big club in Canada, that's for sure, and it's a shrinking club," said Phil Lichtsztal, partner and lead of the Retail Consulting Services Group at Richter LLP.

"If we look back over the past 20 to 30 years, there is no question that these domestic retailers are very heavily challenged with the entry of international competitors like Zara, H&M and Forever 21, which have taken up huge market space and share in very little time."

On the horizon loom new competitors: Nordstrom, Simons and Japanese retailer Uniqlo.

Canadian retailers need to be more innovative, said Mark Lee, professor at Ted Rogers School of Retail Management. "Internationally, Canadian brands aren't as strong as others in the world. No one is jumping on a plane to buy at Le Château or Holt Renfrew."

A big problem with some retailers is sameness of product, said Lichtsztal.

"If you're selling the same-old same-old in terms of experience and same-old same-old in terms of product, that is not a good mix."

The good news for troubled Canadian retailers is that the lineup of U.S. retailers trying to get into the market has vanished in the wake of Target's failure.

TORSTAR NEWS SERVICE

A Le Château store in Toronto. TORSTAR NEWS SERVICE

RIDESHARING

Edmonton first city to legalize Uber

Ryan Tumilty
Metro | Edmonton

After a marathon debate, councillors have passed a bylaw that will make Uber legal in Edmonton, making it the first city in Canada to legalize the ridesharing service.

In an eight-to-four vote, council passed a new bylaw that would allow Uber — or any other ridesharing firm — to operate legally, provided they have sufficient insurance and register with the city.

Coun. Dave Loken, who opposed the bylaw, said the company's illegal operations for more than a year made it feel like council was rewarding bad behaviour. "They have completely ignored our laws. They have continued to operate without regard to what we're trying to do here," he said.

Edmonton Mayor Don Iveson said the bylaw was a step forward, even if it wasn't perfect. "It enables innovation rather than constrains it. It enables competition rather than constrains it," he said. "More choice is good for Edmontonians."

market minute

DOLLAR 70.91¢ (–0.14¢)

TSX 12,377.77 (+46.45)

OIL $32.30 US (+85¢)

GOLD $1,115.80 US (–$4.40)

NATURAL GAS: $2.189 US (+0.9¢)
DOW JONES: 15,944.46 (–222.77)

IN BRIEF

Pipeline rules changing
The federal government is revamping the way resource projects are reviewed. The changes apply to two contentious pipeline projects: the proposed Trans Mountain oil pipeline in B.C. and TransCanada's Energy East project.
THE CANADIAN PRESS

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metro VIEWS
Your essential daily news
Thursday, January 28, 2016

JOHN HONDERICH ON POSTMEDIA'S PAUL GODFREY

Let him make his case about the state of the industry. And let him attack (Torstar). But get your facts right, Paul. That's the least we should expect from the CEO of a newspaper chain.

There you go again, Paul.

Trifling with the truth about the newspaper industry.

Paul, of course, is Paul Godfrey, CEO of Postmedia, the newspaper chain that just announced the merger of newsrooms in Vancouver, Calgary, Edmonton and Ottawa and the laying-off of 90 more staff.

The move has sparked a firestorm of criticism and Godfrey seems to be out on a speaking blitz arguing his case. One of the major bones of contention has been the virtual control of the company by New York hedge funds, Golden Tree in particular.

Godfrey spoke Monday to the C.D. Howe Institute and has given separate interviews.

There is one major point he has been emphasizing, to what end is not clear. Here's how he put it.

"If it wasn't for Golden Tree Asset Management, this chain may not be in existence today, because there were no Canadians who stepped up to buy (the papers).… People should be happy that at least somebody (bought) the newspapers and kept a lot of people employed."

Really, Paul?

What he is referring to is the process in 2010 when a bankrupt CanWest was forced to put its big city newspapers on the trading block.

The New York hedge funds, with Godfrey as their front, eventually won the day.

Were there any Canadian bidders? You bet.

How about Torstar, of which I am the Chair of the Board? And we are Canadian.

We submitted a bid of approximately $800 million and in fact, we announced so publicly on May 3, 2010.

I did a Google search and there were at least 20 stories in the Globe, Marketing Magazine, Canoe, J-Source, and the Star about our bid. It was public knowledge.

One of (Godfrey's) major bones of contention has been the virtual control of the company by New York hedge funds.

And how about Birch Hill Equity Partners, another Canadian firm?

Led by David Samuel and involving former Osprey owner and longtime newspaper proprietor Michael Sifton, Birch Hill also put in a bid. Again, everyone in the process knew about this.

So where were you, Paul?

And what about those subsequent chats you and I have had about that process and what unfolded? Have you forgotten?

And while we're at it, what about your bald statement that Golden Tree is only an equity player and not involved in the company's staggering debt?

Postmedia's own Management Information Circular, posted on its website, states clearly, "Golden Tree and certain investment funds to which it serves as an investment adviser own Variable Voting Shares and a portion of the first-lien (debt) and second-lien (debt.)"

Seems pretty clear to me.

In the same speech, Godfrey attacks the Star's tablet initiative, which is entirely his prerogative. And let him make his case about the state of the industry. And let him attack us.

But get your facts right, Paul. I think that's the least we should expect from the CEO of a newspaper chain.

John Honderich is a former publisher of the Toronto Star. He is chair of Torstar's board of directors.

THE MICROTREND: XO Canada

How you swap spit may have more to do with your postal code than your partner's preferences. According to a new survey, the way Canadians kiss varies widely from province to province. British Columbians are three times more likely than average to go for a long kiss, and Albertans are most willing to dump a bad kisser (22 per cent would, versus 17 per cent of their B.C. neighbours). And — quelle surprise! — Quebecers love French kissing most of all. Forty-seven per cent said they prefer tongue, while only 24 per cent of chaste Maritimers do; the Canadian average is 38 per cent. (It should be said that the study smacks of self-interest: It was done by a company that makes cosmetic lip filler). However, it is true that kissing is cultural. A 2015 study of 168 ethnic groups around the world found that, far from being universal, only 46 per cent practiced romantic kissing at all. If you're one of those who is not interested in kissing for the purposes of love, perhaps you could get into it for the immune challenge: You impart an average of 80 million bacteria to your partner with every smooch. SOURCE: EMERVEL

ROSEMARY WESTWOOD

metroview

This may be the worst January ever, but soon it will be dead.

I have a friend who, if she had to pick a last meal, would pick a dinner party.

There would be several courses and kinds of cheese, and a signature cocktail — something stiff nicknamed "The Reckoning" or "Denouement."

Only a handful of things (outside actually dying) could keep her from attending a dinner party, but January is on the list. This January, in particular.

She didn't concoct an excuse. She just wasn't feeling like herself, hadn't been for a few weeks, and thought it best to hide in a hole until it passed.

I might have been more alarmed if that didn't sound just like January, this particular January, to suck your own sense of self right out of you.

Just a few days earlier, another friend for whom crying is decidedly out of character — akin to humility on Donald Trump — admitted she burst into tears in public. In a café. Sitting at the bar as the baristas pulled espressos, "crying in their faces."

I can't remember a January feeling quite this bad. Yes, it is a notoriously terrible month. Last week we hit the saddest Monday of the year — a title with little scientific merit, but seized nonetheless by public officials holding open houses on seasonal affective disorder.

January's also dubbed divorce season, and new research from one U.K. law firm suggests that's because couples hold out over December to avoid ruining the holidays. Another friend who works in investment management noted a lot of clients tend to die in January, having similarly fought through the end of the year. That might also explain why obituaries of famous people have been headlining newscasts for weeks.

My sample size for those currently suffering from worst-January-ever is admittedly small, female, and early 30s. So maybe it's about being at an age when you feel you should be a fully formed human with a fertility plan and topped-up RRSP, so what are these emotional diapers doing here?

Never mind, January. I'm onto you. You can drape dull, shapeless clouds over grey skylines. You can sink us into unending evening blackness and strip away the little greenery left in the city. You can soak the west in daily rain till even bones feel damp, and leave us all with the sense that we'll never be all that we can be in 2016, even if we joined the army.

But in just a few days, you'll be dead, January. And eventually, so will winter. And even if we have to hide in a hole until it passes, we're going to feel like ourselves again. Soon.

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metro LIFE

Your essential daily news

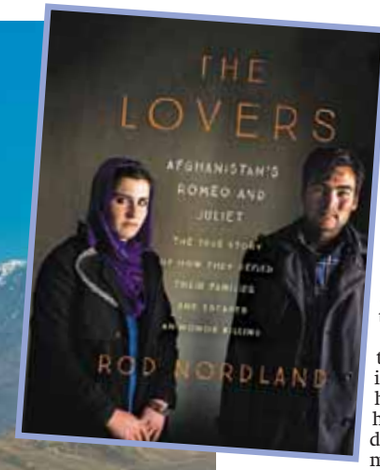
Trevor Noah is writing a book of personal essays due in November

Falling into forbidden love

MODERN ROMEO AND JULIET

Story exposes Afghanistan's patriarchal terrorism

Henrietta Walmark
Metro | Canada



The Hindu Kush region on the outskirts of Kabul offers few hiding spots for Afghan lovers on the lam. MANJUNATH KIRAN/AFP/GETTY IMAGES

Rod Nordland, international correspondent at large for the New York Times, thinks Canada would be the very best place for Afghanistan's Romeo and Juliet.

The veteran journalist was Kabul bureau chief for the NYT in March 2014 when he first wrote about Zakia, then 18, and Ali, 21, the young Afghan couple who risked all for love. Norland's story about the defiant lovers who went into hiding to escape death threats from Zakia's family, captivated readers around the world. The American newsman wrote more than a half dozen follow-up stories about the star-crossed pair over the next year.

So why revisit their story in book form now, Nordland was asked in a phone interview from New York on Tuesday, the day of the launch of The Lovers (HarperCollins, $33.50).

"There was no way I could do justice to it through newspaper stories," he says. "It was just very liberating to be able to say everything I thought there was to say about not just their story but the lessons that their experiences have for women in general in Afghanistan."

He hopes the book, subtitled The True Story of How They Defied Their Families and Escaped an Honor Killing, will garner so much attention that it will inspire or shame someone in authority to help the couple who are still holed up in Afghanistan; someone in a Western government who would be willing to bend the rules a bit to give Zakia and Ali asylum.

If we turn our backs on them, they won't have any hope at all.

Rod Nordland, author of The Lovers, says of Afghanistan's women

Canada's new government has made Nordland hopeful of what he calls his "best-case scenario" for Zakia and Ali. "In the United States, we say to a refugee, OK, after we finally let you in after years and years, now we're just going to let you sink or swim, you know it's up to you," he says. "Whereas Canada gives people more of a safety net and literacy training and language training that this couple very much needs."

Nordland brings Zakia and Ali's romance vividly to life — it's easy to fall under the spell of the impetuous yet devoted couple.

But he moves The Lovers beyond that narrow narrative to locate their love story in the harrowing reality of what it means to be female in Afghanistan today.

"Some of those stories are pretty horrifying," he says. "It doesn't get much worse than the story of Brishna, the 10-year-old raped by her mullah [a religious leader]. Her family tried to arrange to marry her [to her rapist] and was supported by the president of the country."

Though Nordland admits he's felt at times that there is nothing anyone will ever be able to do about the situation in Afghanistan, he adds that we can't just say a pox on all their houses.

"There are women in Afghanistan whose expectations of a better life and freedom from this patriarchal terrorism they live under have been raised. They really do have a lot of hope for the future. If we turn our backs on them, they won't have any hope at all. In the end, as discouraging as the whole picture is, we need to try to do something about it."

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Groundbreaking hit show changing TV rules

THE 100

Sci-fi series has female leaders, sexual fluidity, social analysis

Actors Eliza Taylor, Marie Avgeropoulos and Adina Porter star in the CW sci-fi series The 100. RICHARD SHOTWELL/INVISION/AP

In an industry where ratings seem to be decreasingly relevant and the value placed on social media engagement is high among network bigwigs, few series have taken Instagram and Twitter by storm like Vancouver-shot series The 100.

Based originally on the trilogy penned by Kass Morgan, the apocalyptic series follows 100 delinquent minors from a space colony low on resources who travel to a nuclear-riddled Earth to see if it is habitable. A Lord of the Flies-inspired social experiment ensues as the teens learn to navigate the land and fend off attacks from those who made a home there after the thermonuclear cataclysm.

Since its 2014 premiere, The 100 has strayed far from the original source material, creating a world in which LGBTQ and female role models shine through unlike few other shows on television.

Here's a look at how the CW series, also available on Netflix Canada, is poised to continue breaking boundaries and offering up strong social commentary in its third season.

The LGBTQ characters

In the Season 3 premiere, main character Clarke (Eliza Taylor) is intimate with another female. According to showrunner Jason Rothenberg, that scene was intentionally designed to solidify Clarke as a bisexual character without needing a debate or dialogue about her sexuality as part of the storyline. That silence speaks volumes about accepting gender fluidity and sexuality without explanation.

The female leaders

Having a character the media can describe as a "strong, powerful woman" isn't a new thing; in fact it could be overrated. But having several complex female role models who are respected in their communities, able to interact with each other, battle with the best of the dudes and define their own sexuality certainly is. While there is an equal mix of gender on The 100, it's been Clarke, Lexa (Alycia Debnam-Carey), Octavia (Thunder Bay, Ont.'s Marie Avgeropoulos), Raven (Lindsey Morgan) and Abigail (Paige Turco) who have saved the day on numerous occasions, standing up for their beliefs and being treated like true equals.

Social commentary

If at their core humans are self-destructive, The 100 doesn't shy away from that belief. History is often repeated on the series, and the pros and cons of ideologies explored, from communism and dictatorships to leaders with the power to expel entire populations. In keeping with the current American political climate, the third season features a Donald Trump-type character with some scary ideas about how to best serve his people, even if it means spreading hate and prejudice for his own gain.

War games

Throughout two seasons, war has been a large part of the show, as the "Sky People" (those who came from the colony) have battled various "Grounders" (those who inhabited the Earth after the nuclear event). Each season has focused on one particular war with a common enemy, showcasing the strategies and sacrifices involved. Certainly, TV series have taken greater risks with character deaths since Game of Thrones and The Walking Dead, but this show isn't afraid to show what true sacrifice looks like in the name of the greater good. It also showcases the effects of those decisions; if a character is hurt, physically or emotionally, they aren't cured the next week.

Social media love

Although the show has garnered online attention from fans, part of that success is due to the off-screen antics of the cast and producers. The stars are quite active on social media, following along with fans during live broadcasts. Meanwhile, the show's writers' room also has official Twitter and Tumblr accounts in which the scribes interact with fans, sharing plenty of insider tidbits and photos to enhance the viewing experience. If the passionate, growing fan base is any indication, it's a move more networks should endorse in the near future as they look to different audience metrics to measure success.

AMBER DOWLING/TORSTAR NEWS SERVICE

JOHANNA SCHNELLER
WHAT I'M WATCHING

The personal side of international affairs

THE SHOW: Madam Secretary, Season 2, Episode 12 (CBS/Global)
THE MOMENT: The Incisors

U.S. Secretary of State Elizabeth McCord (the fabulous Téa Leoni) is trying to leave the office. Her chief of staff Nadine (Bebe Neuwirth) stops her. "I'll be going with you to Myanmar tomorrow instead of Jake," Nadine says.

"Okay. Everything all right?" Elizabeth asks.

"I just thought he could use a break," Nadine says. "The baby's teething. Incisors."

Both women wince.

"Those are the tough ones," Elizabeth says. "What's the real reason?" Nadine takes a breath.

"I recently found out my son is there," she says.

"Your son?" Elizabeth asks, surprised.

"From a brief affair when I was touring Europe with a dance troupe," Nadine explains.

"Dance troupe?" Elizabeth asks.

"Before law school," Nadine replies.

"You and I really should have gone out for a drink at some point," Elizabeth says.

This is why I watch this show. Yeah, yeah, it's about international events — ambassador trade agreement embargo diplomacy blah blah. What it's really about is how women navigate their careers/personal lives.

Elizabeth is a diplomat — but aren't we all, when it comes to massaging bosses' egos, managing underlings and trying to keep our families from resenting us too much. Women in power talk about teething. Right on.

After this, we cut to Elizabeth at home, lugging a suitcase down her stairs in heels, while her husband and daughters sit a metre away at the breakfast table, immersed in their phones.

"Okay, I'm off to the treaty signing in Myanmar!" Elizabeth trills. No one even looks up. Every working mother has played that scene.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Téa Leoni and Bebe Neuwirth in Madam Secretary. CONTRIBUTED

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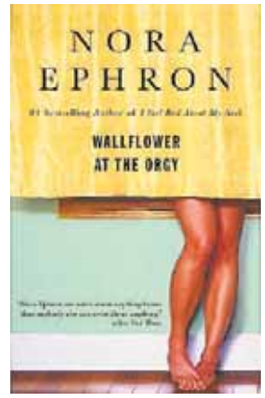
Lena Dunham shares her top 3 reads

READING LIST

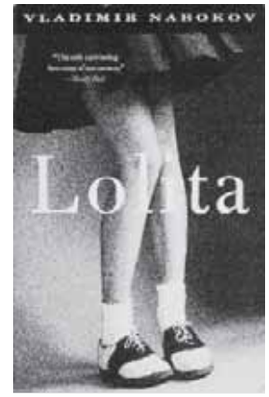
Girls' creator recommends

Lena Dunham, Emmy and Golden Globe-winning creator of HBO's Girls (Season 6 launches April 24) tells us about three books that have influenced her.

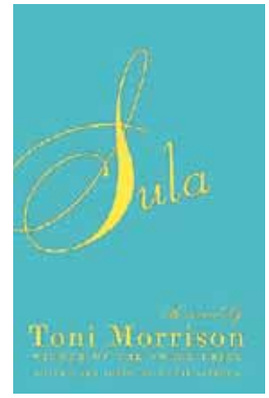
GETTY IMAGES



1 Wallflower at the Orgy by Nora Ephron
They're beautiful, funny personal
essays that are really important to women and also great journalism. So it's a huge one for me. I dedicated my own book to Nora. She was a close friend of mine and obviously a huge influence to me and to everyone who was lucky enough to meet her. She was so supportive of me writing my own book, Not That Kind of Girl: A Young Woman Tells You What She's Learned.



2 Lolita by Vladimir Nabokov
It's just a beautiful, important novel,
although it's previously been wrapped up in scandal. But when you read it, it's got a very strong morality to it. And in a lot of ways it sides with this young female character, Dolores Haze, despite being narrated by a man, and that's an unusual perspective. It still feels really modern because the use of its language feels modern and the story is fascinating.



3 Sula by Toni Morrison
It's another that is a big deal for me. I loved the book and the way that it explored relationships between women and issues of identity for women. And it was just really influential to me in my teenage years. I'd suggest that anyone would benefit and be entertained by reading these three books.

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METRO SPACES

MAKING THE MOST OF YOUR STORAGE

Finding storage solutions to organize a home can be a daunting task, whether it's for a small condo closet or a spacious family room filled with toys.

These simple DIY tips will overhaul key areas in the home to give you a more efficient space from top to bottom.

Closet Organization

If your closet is so crammed you can't differentiate between your clothing, a closet kit is an ideal solution. Hanging rods, shelving and hardware are an easy DIY installation that will upgrade any walk-in or reach-in closet.

Leverage vertical space for small closets by hanging double rods for shorter garments. Wire shelves are a good addition to hold clothing and other linens, allowing air to pass through so fabrics can breathe, and ultimately last longer.

Laundry Solutions

Two large machines are enough to monopolize the space in a laundry room, so well-placed storage solutions are key. Hang a wall cabinet above your laundry machines to store detergent and other products that need to be out of reach of children and pets.

If you own a front load laundry pair, install work surfaces on top that include handy pockets to store your cleaning supplies.

Out-of-the-box thinking, like building your own wall-hanging clothes rack that folds out when you need to hang clothes to dry, and snaps back to the wall when not in use, can help for small laundry spaces.

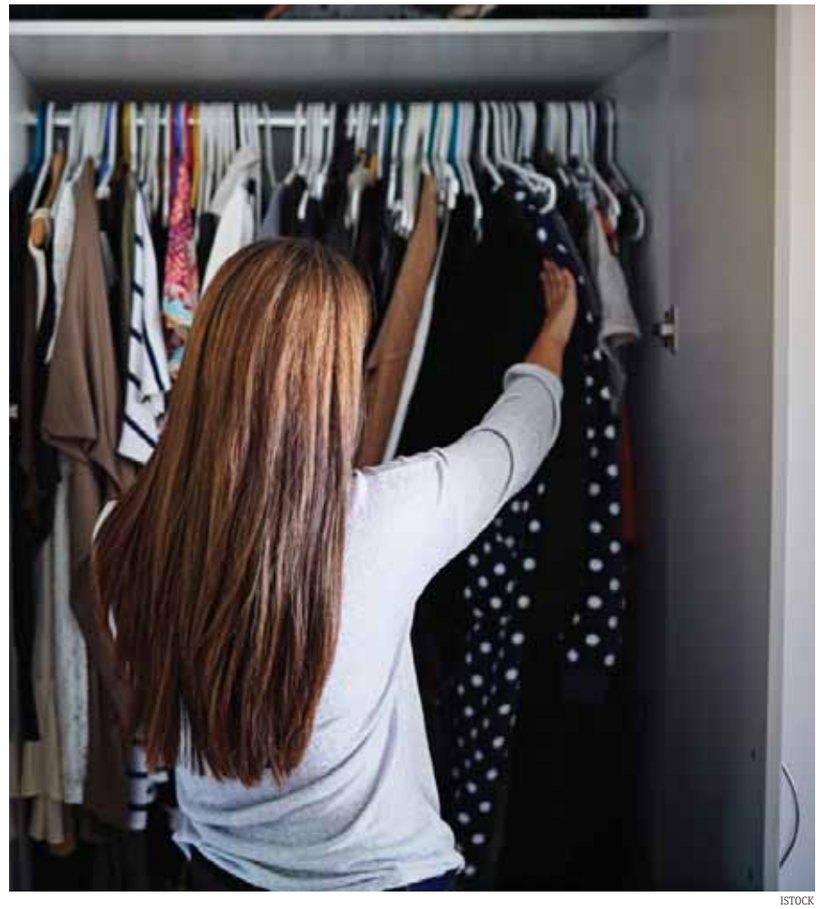
Basement Storage

If you have a finished basement, it can be a great space for the family to enjoy. However, everything a family uses for down time can easily turn into clutter overload.

Consider under-stair shelving to make use of an often-wasted space. Find furniture that serves dual purposes — like a bench for seating that also has room for storage inside. You can tuck away the board games for family game night when they're not in use.

Never underestimate the power of totes. Clear totes can help you to organize and store items that aren't in use, and make finding everything easy.

Alternatively, opt for totes in colourful or textured versions that can add a punch of personality to open shelving.



ISTOCK

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Is it time for you to sell your home?

For many, you'll know it's time, when posed with the question to stay or sell. Specific reasons to sell your home can come quickly, including job changes, divorce, children, health issues and marriage. But for others, the decision to stay or sell will be one of great deliberation.

"Few decisions will have bigger impact on your life than selling your home," says Craig Blanchard, broker-owner with Royal LePage Atlantic Homestead.

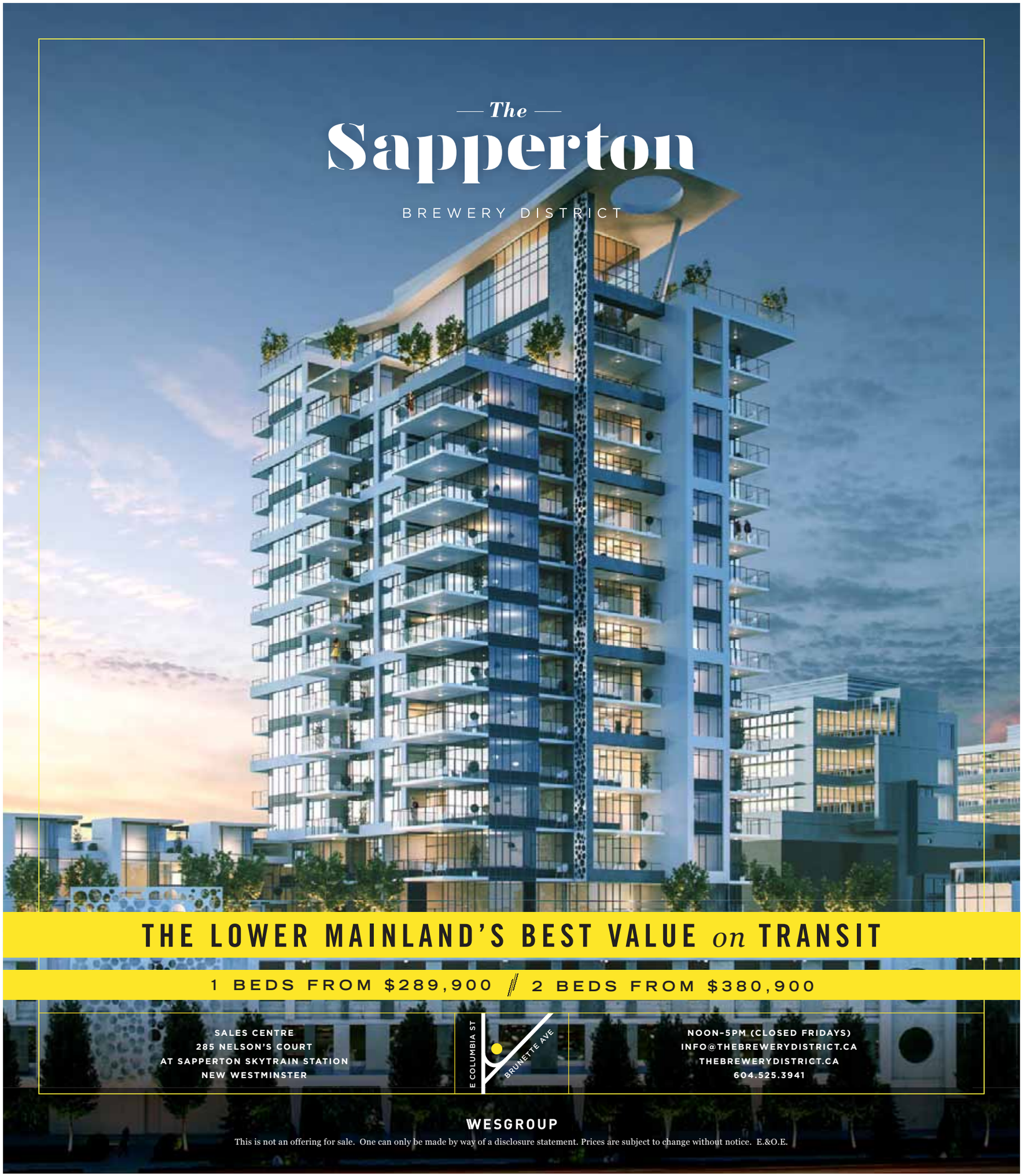
"Often, the decision requires landing on priorities to ensure you are doing the right thing and you are clear about what you will gain if you chose to sell." Blanchard suggests pondering these three crucial questions to help shape your decision:

What do you value about your current property and what do you find lacking? Make a list of pros and cons considering all features of your home and how it fits with your current lifestyle. If change is needed, see if renovating a viable option.

What are the pros and cons of your current location? Remember why you moved to your neighbourhood in the first place and consider if those reasons are still valid.

How about the financial picture? Are you looking to reduce expenses by downsizing to a smaller, less expensive home? Or, has your financial picture improved since you first purchased and it's now time to leave this home behind?

Answering these questions will sharpen your perspective and help your decision to stay or sell your home.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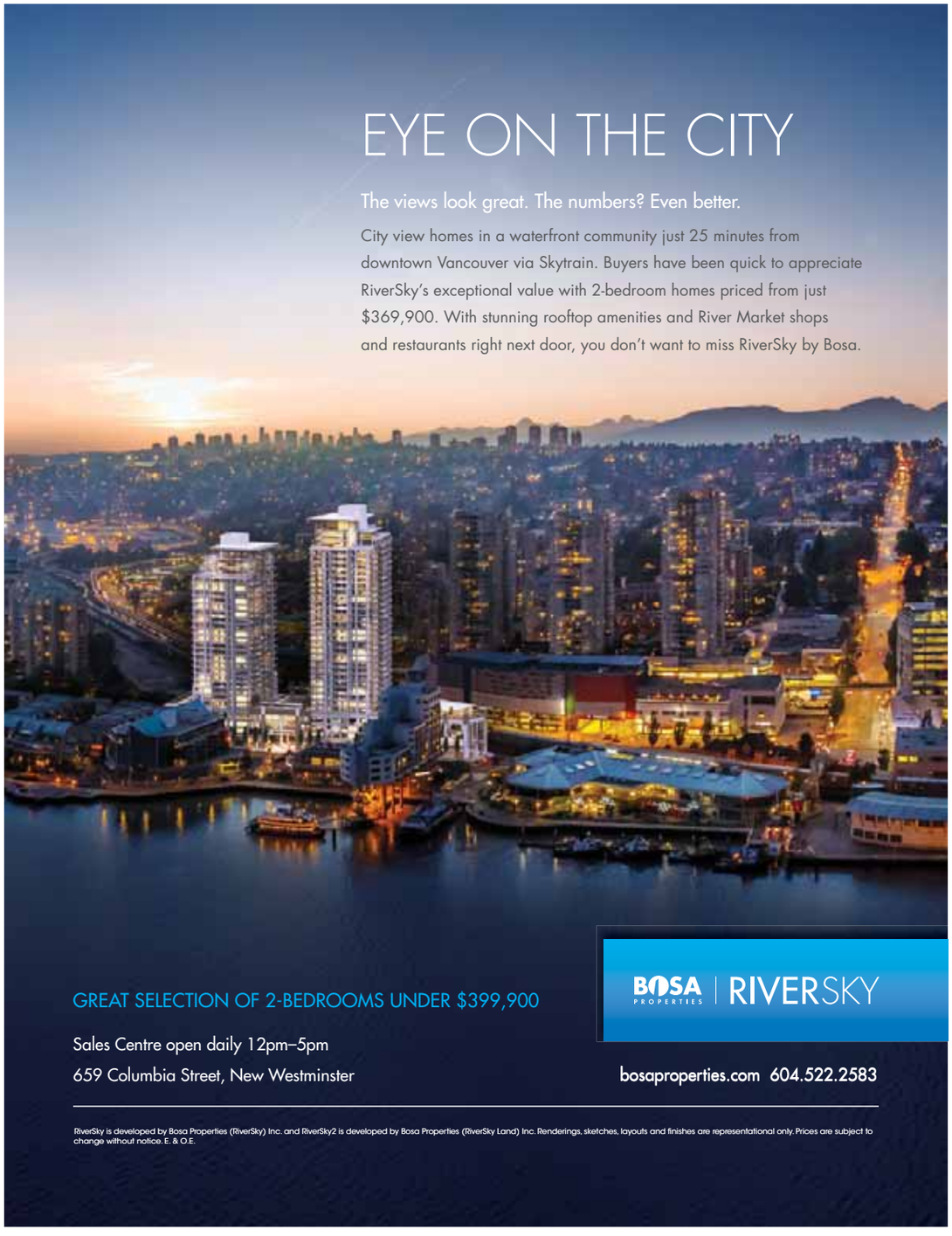
EYE ON THE CITY
The views look great. The numbers? Even better.
City view homes in a waterfront community just 25 minutes from downtown Vancouver via Skytrain. Buyers have been quick to appreciate RiverSky's exceptional value with 2-bedroom homes priced from just $369,900. With stunning rooftop amenities and River Market shops and restaurants right next door, you don't want to miss RiverSky by Bosa.
GREAT SELECTION OF 2-BEDROOMS UNDER $399,900
Sales Centre open daily 12pm–5pm
659 Columbia Street, New Westminster
BOSA PROPERTIES | RIVERSKY
bosaproperties.com 604.522.2583
RiverSky is developed by Bosa Properties (RiverSky) Inc. and RiverSky2 is developed by Bosa Properties (RiverSky Land) Inc. Renderings, sketches, layouts and finishes are representational only. Prices are subject to change without notice. E. & O.E.

Find a smart investment on the riverfront

New Westminster is one of the most promising locations to buy in the Lower Mainland.

The city has a historic centre with boutique shops and eateries, and is investing heavily in infrastructure and urban renewal that will help build its future — yet home values are still some of the lowest in Greater Vancouver.

RiverSky is a community of two condo towers by lauded local developer Bosa Properties, positioned front and centre on New Westminster's riverfront, adjacent to the picturesque River Market.

Although the community was one of the fastest-selling communities of 2015, RiverSky still has a great selection of one-, two- and three-bedroom homes available. With many two-bedrooms under $399,900, it's an investment that provides excellent value.

Starting at $294,900 for a one-bedroom, RiverSky is also more affordable per square foot than most other developments on the market.

And it's on the waterfront.

"RiverSky is an exceptional chance to buy a waterfront home in an established, history-rich community with all the amenities you'll need," says Judy Graham, sales manager of RiverSky.

Located on New Westminster's Esplanade Boardwalk near the city's iconic River Market, RiverSky is walkable to every necessity — groceries, services, daycare. And when you want to have a little fun, the River Market and nearby Columbia Street are packed with shops, galleries and restaurants to browse.

With New Westminster SkyTrain Station at RiverSky's doorstep, accessibility to the city is second-to-none. Residents will have access to downtown Vancouver within a 30-minute train ride.

Inside, the homes at RiverSky demonstrate the quality of Bosa Properties, the developer. Sleek finishes include quartz countertops, undermount sinks, and integrated and stainless steel appliances.

In one-bedroom homes, smart BosaSPACE space-saving innovations give residents many different ways of using their space.

The ExtenTABLE transforms your work table into a dining area that seats up to eight. The SleepTHEATRE is a sliding panel that operates as a floating TV panel during the day, and slides aside to reveal an extra sleeping space for overnight guests.

The BosaVOLT technology turns parking spaces into dedicated electric vehicle charging stations.

A developer with history in Canada

When you're looking to buy a new home, the developer is everything. A company that builds stylish homes isn't enough. You want a developer with ethics and a history of providing trusted quality.

Qualico, a company founded in Winnipeg by David and Katherine Friesen, a lawyer and a teacher, respectively, has been working to provide the dream of home ownership to families across Canada since 1950.

"The Friesens built quality houses to fulfill families' dreams of owning a home, and the company retains that integrity and purpose," says Vanessa Isler, director of sales and marketing at StreetSide Developments, a subsidiary of Qualico that builds modern family homes across Canada. "We are still committed to the values and ethics that our founders built the company on." 2016 marks the the 65th anniversary of that commitment.

Now Qualico has become one of the largest fully integrated, privately owned real estate companies in Western Canada, delivering 3,500 homes a year to families. StreetSide, its modern multifamily division, is developing beautiful contemporary homes for buyers in Metro Vancouver, rooted in Qualico's proven tradition of excellence.

StreetSide is building several upcoming communities in Metro Vancouver to watch for, all built to high quality standards, in carefully designed communities, at an affordable price.

Hycroft 2, coming this spring, will be 30 freehold rowhomes in South Surrey's beautiful Grandview Heights neighbourhood. The development will provide home buyers the only freehold rowhomes in South Surrey, giving buyers greater autonomy in a desirable neighbourhood, and an alternative to strata townhouses.

South Point Walk is about to start construction on its second phase, with 76 boutique apartments and 30 luxury townhomes coming in 2017 to South Surrey.

CONTRIBUTED

Everly Green is a well-appointed collection of townhomes and strata single-family homes coming this fall to the Yorkson neighbourhood of Langley. Priority registration will be starting this spring.

"We bring the past and present into our homes," says Isler. "The present because our homes are designed for modern life. The past, because we bring our understanding of tradition and the importance of building solid relationships. We put down deep roots in the communities we're part of."

STAY TUNED FOR **HYCROFT 2**

THE NEXT CHAPTER OF ROWHOMES BY STREETSIDE

604 541 2495 hycroftrowhomes.com
16467 24 Avenue Surrey BC V3S 0C4

STREETSIDE DEVELOPMENTS A QUALICO Company

Any prices exclude taxes. StreetSide Developments reserves the right to make modifications and changes to the building designs, specifications and features should they become necessary. Floor plans, elevations, room sizes and square footages are based on preliminary architectural drawings and may vary from the actual built home. E.&O.E.

THE CITY OF PARKS

When it comes to home location, a park-side setting is hard to beat.

"Having a park nearly in your backyard improves your quality of life immensely," says Jim Billingsley, principal of Woodbridge Northwest Communities, the builder of Savile Row, a new development of distinguished townhomes in Burnaby with easy access to over 1,400 acres of parkland.

At Savile Row, every side is parkside. Located in Burnaby's park district, the homes at Savile Row are adjacent to three of Burnaby's best parks: Deer Lake Park, Central Park and Burnaby Lake Park.

"Savile Row residents will be living the green dream," says Billingsley. "Burnaby is known for its amazing parkland and green spaces, and Savile Row is at the heart of it."

Whether you like biking, running, hiking or just a great walk, Deer Lake nearby has you covered.

Its well-maintained trails and boardwalk, which extends all the way around the lake, is the perfect place for residents to access, whether they're looking for exercise after work or a beautiful weekend stroll.

Burnaby Lake Park nearby is beautiful, and packed with activities and sights. Known as a rowing hot spot and stunning wildlife sanctuary, Burnaby Lake is a great place to go for spectacular views of the North Shore Mountains.

Savile Row's exquisitely crafted flats and townhomes are your home base for outdoor adventures of every type, whether you're venturing on an hours-long hike or a walk at adjacent Deer Lake Park.

The tree-lined community of Buckingham Heights across the street enhances the park-side setting.

Within the Savile Row community itself there's lots of green space to extend the green of the surrounding parks nearly right into your living room. The families at Savile Row will have access to lushly landscaped courtyards featuring native plants and shrubs.

That's not to mention the green space in the privacy of your very own home. Every home at Savile Row will have a private patio or spacious backyard, for all your green thumb endeavours, and a place to play, barbecue, and relax.

CONTRIBUTED

Well suited to you and your family

Much like its namesake, the famous Savile Row street in London, England, where the best suits in the world are made, the Savile Row townhome development in Burnaby looks like it was made for you.

The third phase of the homes, set to open at the Savile Show presentation centre on Jan. 30, will reveal Release Three, featuring floor plans ranging from 400 to 1358 square feet, plus a new townhome floor plan that gives residents room to adapt the space to their lifestyle.

Savile homes come in a variety of types, suited to varying needs, including two-, three- and four-bedroom townhomes, and a selection of studio and two-bedroom garden-level flats.

"We've taken what people loved in the first phases and added even more liveability," says Jim Billingsley, principal of Woodbridge Northwest Communities, the developer of Savile Row. "Homebuyers want more open flex space and this new plan provides the freedom to evolve and change — whether they want more space for a harvest table, have a baby on the way, or work from home."

The classic red brick on the homes' exteriors makes a statement as part of the Tudor-inspired architecture — classic style with a dose of minimalism and modern personality. Savile Row provides an engaging street-side presence, complementing the mature neighbourhood with an elegant form balanced by refined detailing.

The interiors at Savile Row are designed by prestigious Gastown design firm I.D. Lab.

CONTRIBUTED

The designers started with creating spaces with a sense of light. The homes feature open layouts, high ceilings throughout and generous windows.

The designers also knew that many buyers would want to make their own mark on the homes' design, so buyers can select between three contemporary colour palettes for their homes, to express their sense of style.

When you want to get exercise without leaving the community, the private amenity clubhouse provides a modern fitness centre that includes cardio machines, strength-training and yoga equipment, alongside a ground-floor lounge to host your gatherings. With a fully-equipped kitchen, dining area and access to an outdoor barbeque area and fire pit, it's the ideal space for special occasions.

Visit the Savile Row presentation centre on Jan. 30 for the release III unveiling event to see new homes in phase three of Savile Row.

For more information, call 604 833 1606 or visit 4991 Claude Ave. in Burnaby.

A COSMOPOLITAN NEIGHBOURHOOD

Burnaby isn't just known for its parks and greenery. It's also a buzzing city with a dazzling variety of activities, shops and buildings to explore.

Savile Row is located in close proximity to a wide selection of amenities, schools, parks and transportation.

The development offers unrivalled access to an exceptional array of community amenities — and everything is within walking distance. Spend your Saturdays going to the local farmers market, take in a local arts show or participate in an arts class at The Shadbolt Centre, the state-of-the-art local arts center. Top schools are also within close reach, so your kids get access to the very best education.

Metropolis at Metrotown is a major neighbourhood amenity for residents.

It's the Lower Mainland's largest shopping complex with nearly 400 shops and services to explore. There you'll find boutiques, supermarkets, community centres, cafés and much more.

Lougheed Town Centre and Brentwood Town Centre are very accessible nearby and offer world-class shopping, premium boutiques and an extensive array of services.

RELEASE III UNVEILING EVENT

SATURDAY, JANUARY 30TH — 12:00 PM – 5:00 PM

WIN A TRIP TO LONDON, ENGLAND

A FLIGHT CENTRE GIVEAWAY VALUED UP TO $1500

4991 CLAUDE AVENUE, BURNABY | SNACKS BY TACOFINO

SAVILE ROW

A landmark collection of contemporary Burnaby townhomes and flats, steps from Deer Lake Park. Release II has been sold out.
Release III Unveiling January 30th.

LIVEATSAVILEROW.COM
604.833.1606

PRESENTATION CENTRE
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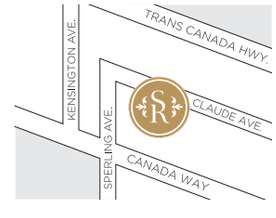

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WOODBRIDGE NORTHWEST

SALES AND MARKETING BY BLVD

South Surrey is truly a hidden gem

Families looking for homes in Metro Vancouver have high expectations. After all, this is a city with one of the best standards of living in the world.

Now there's a place in the Lower Mainland you might not have explored that's becoming a hub for buyers who are looking for an incredible lifestyle for themselves and their families, at affordable prices: South Surrey.

South Point Walk, a collection of homes in South Surrey is move-in ready and selling now, with only two homes left.

"Families who are buying here at South Point Walk tell us they're looking for a lifestyle to match their needs — close access to schools, shopping and amenities, as well as opportunities to get out into nature and enjoy the West Coast lifestyle. South Point Walk is a perfect combination of all these qualities," says Vanessa Isler, director of sales and marketing for StreetSide Developments.

For these remaining homes, buyers can save up to $3,000, and can own with just five per cent down. The homes start in the $260,000s, including net GST.

More homes in the neighbourhood are in the works. StreetSide, the award-winning developer of South Point Walk, is about to start construction of South Point Walk 2, a collection of apartments and townhomes adjacent to South Point Walk.

All the accessibility of a great neighbourhood is here, including easy access to shopping and restaurants, parks and pathways, trails and transit. The South Point Exchange mall and South Point Annex shopping centre are just steps from South Point Walk.

The development is set in a green, outdoor-oriented neighbourhood. There are many nature walks within a short distance, along with golf courses and a rowing club, and the seaside promenade nearby provides spectacular ocean vistas any time of year.

Indoors, quality finishings come standard, including gas ranges, stainless steel appliances, Shaker style cabinetry, and thick quartz countertops.

"Our residents have it all," says Isler.

CONTRIBUTED

The South Point Walk sales centre and display suite are open from 12-5 p.m. daily, except Fridays, at 15188 29A Ave., Surrey. Call 604-560-3238, or visit southpointwalk.ca.

Final Homes Remain

$3,000* MOVE-IN BONUS. OWN FROM THE 260'S* INCL NET GST WITH 5% DOWN

SOUTH POINT WALK

Live in the heart of South Surrey where everything you need is nearby. Shopping and restaurants, parks and pathways, trails and transit – it's all here. Walk to South Point Exchange Mall or the shops at High Street. Choose a spacious 1, 2, or 2 plus den home elegantly appointed with quality finishings including gas ranges, stainless steel appliance packages, Shaker style cabinetry, and thick quartz island countertops. Now is the perfect time to move-in to South Point Walk and save up to $3,000* off.

SALES CENTRE OPEN DAILY

12–5 pm (Except Fridays), 152nd Street & 29A Ave, Surrey

* See sales representative for details. Prices and incentives subject to change without notice.

604.560.3238

SouthPointWalk.ca

2016 Georgie AWARDS FINALIST

STREETSIDE DEVELOPMENTS A QUALICO Company

Find nature-centric homes in Maple Ridge

CONTIRBUTED

The psychology of greenery is powerful. Researchers have found that people who have access to vegetation in their lives tend to feel an increased sense of well-being.

Luckily here in B.C., we have no shortage. And Maple Ridge is a hotspot. Home buyers are gravitating toward beautiful green communities in Maple Ridge that their families can grow in, that are also affordable, according to Vanessa Isler, director of sales and marketing for StreetSide, the developer of Maple Heights, Maple Ridge's most popular townhome community, located at 240 Street and Kanaka Way.

"Maple Heights was designed to bring out the natural beauty of the site," says Isler. "We took great care to maintain the flavour of the outdoors that's so prominent in the area and weave it into the development. Maple Heights is a wonderful place to raise a family."

Maple Heights' fourth phase of townhomes were just released on Jan. 16 on the heels of three previous sold-out phases, and are now selling from the $380,000s.

Families at Maple Heights will be able to explore the outdoors in the safety of their own neighbourhood, with natural habitats connected by a series of timber boardwalks. There's even a mountain-themed park just for kids, with natural play structures, a canopied seating area and old-fashioned swing benches.

The neighbourhood charm of Maple Ridge is hard to beat. Nearby Kanaka Creek offers a beautiful setting to take in the sights and sounds of nature with its picturesque waterfalls and salmon hatchery.

The area is incredibly walkable, too — close to amenities and restaurants, schools and shopping. The West Coast Express train to downtown Vancouver is only five minutes away.

The homes at Maple Heights reflect the beauty of their surroundings. The two- and three-storey, three-bedroom homes were designed in natural, West Coast style, with feature roofs, stone accents, wood detailing and an inviting earthy colour palette. Each features a front or rear yard with a generous patio or deck and professional landscaping.

Inside, the homes are designed with polished details including shaker-style or flat-panel cabinetry, thick quartz countertops, and stainless steel, energy efficient appliances — beautifully reliable to come home to.

The sales centre and display homes are open from 12 - 5 p.m. daily (except Fridays) at 11305 240th St., Maple Ridge. Call 604 380 1215 or visit mapleheights.ca.

ONLY 5% DOWN • PRICES INCLUDE NET GST •
PURE MAPLE RIDGE

New Homes Just Released!

MAPLE HEIGHTS

Maple Heights captures the down-to-earth nature you want with everything you'll ever need. Ideally located close to shops, amenities, schools, parks, restaurants, and only minutes from Kanaka Creek and the West Coast Express. It's the perfect blend of indoor outdoor living with spacious 3 bedroom floorplans, stainless steel appliances, attached garages, generous patios and decks with beautifully landscaped front and back yards. Discover your new Maple Heights home today and live Pure Maple Ridge.

Maple Ridge's Most Popular Community Priced From The $380's*

TWO DISPLAY HOMES OPEN DAILY FROM 12-5 PM, EXCEPT FRIDAYS
Kanaka Way & 240th Street, Maple Ridge, BC
604.380.1215 MapleHeights.ca

* Prices include net GST. See sales representative for more details. Prices and incentives subject to change without notice. E.&O.E.

STREETSIDE DEVELOPMENTS A QUALICO Company

SOUTH GRANVILLE REIMAGINED

Picture the ideal Saturday morning in Vancouver. Maybe that means meandering around the neighbourhood at your own leisure, visiting a friend at a cafe, taking in some fresh air and getting some exercise at a local park, or browsing the street of boutiques nearby for home décor or gifts.

All these opportunities are yours at The Leveson, a new condo development that is poised to become a beacon of style on South Granville. The collection of well-appointed one-, two- and three-bedroom homes ranges from 476 to 1,351 square feet and starts from the mid $300,000s.

"We're building anticipation for our grand opening on Feb. 13. The Leveson is going to make a big impression," says Liang Fung of Coromandel Properties, the developer.

At its prestigious west-side address on the corner of Granville and 62nd, The Leveson is a warm and welcoming place to live. The development was designed to foster a warm, community atmosphere where neighbours meet and chat, where everything you need is easily walkable, and where your vehicle of choice can be a bike, not necessarily a car.

At the same time, the heritage of the neighbourhood provides a rich cultural backdrop for residents to immerse themselves in.

Engaging activities of many types are just around the corner from The Leveson, including hiking, golfing, shopping and art appreciation.

Golf is a highlight of the neighbourhood. Residents of The Leveson can take advantage of the McCleery Golf Course, just a seven-minute drive from The Leveson. Other golfing options accessible nearby include the University Golf Club at UBC and Langara golf courses.

Enjoy a boutique shopping and dining experience in a beautiful neighbourhood among the shops and restaurants of nearby Kerrisdale and Oakridge. Great for spending a relaxing weekend or evening, the Kerrisdale neighbourhood offers quality goods and remarkable dining experiences — a wonderful place to meet and treat friends and family.

CONTRIBUTED

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The new classic at The Leveson

Even in the most modern designs, there's something to be said about looking back and recognizing your origins.

The Leveson, a collection of beautifully modern 40 one-, two- and three-bedroom homes in Vancouver's historic west side, provides the perfect balance of established and new.

"The homes set a new standard for distinguished design," says Liang Fung of Coromandel Properties. "Our architects took time-honoured local design traditions and adapted them into a home that's adaptive to modern living."

The homes' contemporary and classic interior elements include warm engineered hardwood flooring and rich natural textures, designed by renowned Vancouver interior designer Cristina Oberti.

An exceptional home makes the most of natural light, and the living spaces at The Leveson are a fine example, with their oversized windows, perfect for viewing vistas of Vancouver over the community's meticulous landscaping.

Home-cooked meals are a classic no matter how you slice it. In the kitchen, your tools and surroundings make all the difference. Kitchens at The Leveson enhance the culinary experience with stunning surroundings, including Caesarstone waterfall countertops and Caesarstone or marble backsplash.

The premium integrated Bosch stainless steel appliances, including a five-burner gas range, are chef-level quality. The sleek wood cabinetry provides smart storage solutions for your cooking appliances and utensils.

While the kitchens are all about buzz, creation and celebration, the bathrooms are a private place to unwind. Complete with a deep soaker bathtub and modern Kohler fixtures, the bathrooms at The Leveson are modern-day luxury embodied. Dual-flush toilets are efficient, and ensuites include his-and-hers vanities along with a sleek glass shower enclosure and high-end rain shower spout.

"Homes at The Leveson are made for homebuyers who are looking for a cut above," says Fung. "Our fine finishes and materials speak volumes about the quality here."

The grand opening will be on Saturday, Feb. 13, with the unveiling of the recently completed display home. For more information, call 604 880 8312.

LIVING GREEN

There's a host of wonderful outdoor activities within reach of The Leveson.

"This location is at one of the highest elevated areas of Vancouver, the perfect jumping-off place to access so many of Vancouver's natural luxuries," says Liang Fung of Coromandel Properties.

Green is everywhere you go.

The Marpole neighbourhood, home of The Leveson, is tree-lined and close to the peaceful Fraser River and Shannon Parks.

Within reach, the parks, trails, beaches and harbours of the Lower Mainland are all yours to explore. Experience the blossoms and views at Queen Elizabeth Park or go for a run at Pacific Spirit Park.

Or indulge in one of the neighbourhood's traditional outdoor pastimes: horseback riding. Saddle up at Southlands Riding Club and other stables in Vancouver's Southlands — just a nine-minute drive away.

ISTOCK

THE LEVESON

GRANVILLE & WEST 62ND

GRAND OPENING

FEBRUARY 13TH

An exquisite collection of homes in the heart of Vancouver's vibrant west side. With flawless detailing, spacious interiors and expansive outdoor patios, these residences set a new standard for distinguished design.

1, 2 & 3-BEDROOM HOMES
FROM 476–1,351 SQ FT
STARTING FROM THE MID $300,000s

TIME
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COROMANDEL PROPERTIES

MARKETING AND SALES BY BLVD

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Modern-day opulence

Luxury today doesn't mean what it once meant. Today, function is just as important as form, and beauty is in simplicity.

Milano, a new collection of 176 tower homes in Burnaby's burgeoning Brentwood area, is architectural beauty embodied in an efficient, smartly designed building.

"There's a sense that luxury in and of itself isn't good enough anymore," says Matthew McClenaghan, the director of sales at Milano. "Home buyers are looking for quality and usability."

Milano's concrete and glass tower is sophisticated in its simplicity, with concrete and glass interplaying in design details like its playful series of stacked columns and grand, three-storey lobby.

Travel up to your home and you're greeted by an enveloping sense of warm minimalism. The one-bedroom, one-bed-and-den, two-bedroom and three-bedroom homes speak volumes with their fine finishes and carefully planned spaces.

The kitchens accommodate your cooking needs, whether you prefer simple meals, or you're cooking for a crowd. Quality is apparent in the Italian imported cabinetry and integrated, European appliances.

The bathrooms feel like your very own personal spa, and the panoramic views from the oversized balconies are spectacular.

Milano's amenities allow residents the luxury of treating themselves and their guests with the care they deserve, including a large amenities room with kitchen and lounge areas, the signature Solterra outdoor movie theatre, putting green, and a gym with steam room, hot tub and change areas.

The development's homes cater to many different residents and lifestyles. Milano's selection of homes includes work-live residences, multi-storey townhomes, contemporary apartment residences, and private collection suites. Homes start at $289,900.

Location is a luxury that should not be underestimated. Just two blocks south of Brentwood, the development is within walking distance of some of the best shopping in the Lower Mainland at Brentwood Mall. The complex is home to more than 90 stores and services.

The Brentwood SkyTrain Station is the most beautifully designed public transit hub in the Lower Mainland. Catch a train from there and reach downtown Vancouver in 20 minutes.

"This is a rare opportunity to buy affordable, luxury homes at one of the Lower Mainland's fastest-growing hubs," says McClenaghan.

MILANO
HIGH LIVING · HIGH STYLE

LUXURY
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4247 LOUGHEED HWY, BRENTWOOD
OPEN DAILY NOON – 5PM (CLOSED FRIDAYS)

NOW SELLING
1 BED HOMES FROM $298,900
2 BED HOMES FROM $468,900

solterra
(Milano) Limited Partnership
MULTIPLE REALTY LTD.

Prices correct at time of print. Renderings, sketches, layouts and finishes are representational only. E.&O.E.

metro HOME

Your essential daily news

Objects from Kennedy 'Winter White House' net almost $500K U.S. at auction

MEET THE CONDO

Architecture as public art

Project overview

Wave (the building actually takes the shape of a wave) was built on the philosophy that architecture is a form of public art. Its aesthetic features make it stand out from the cookie cutter developments. Models include one bedroom (plus den), two bedrooms (plus den) and townhomes. There are still 18 units on the market.

Housing Amenities

The kitchen boasts a quartzite countertop with wood grain laminate cabinet doors. The bathroom has a dual flush toilet, porcelain floor tile and contemporary fixtures. Bedrooms and the living area follow the same style. Communal amenities include a fitness centre and a multimedia room.

Location and transit

Wave — located at 133rd Street and 104th Avenue — is minutes away from the SkyTrain's Expo Line and some major bus routes. Situated in City Centre, at over 600 hectares (45 of those parkland), its surrounding amenities are plentiful and beautiful.

In the neighbourhood

Surrey City Centre is the commercial, cultural and social hub of the city. The area is home to Simon Fraser University, multiple recreation facilities and Holland Park, to name a few. There's plenty of shopping and local eateries.

NEED TO KNOW

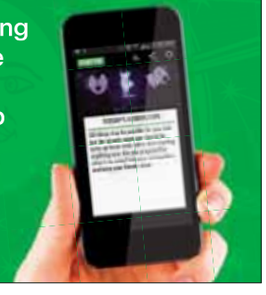
What: Wave
Builder: Rize Alliance Properties Ltd.
Architect: False Creek Design Group
Location: Surrey City Centre
Building: Concrete tower condos and town homes
Sizes: One bedroom + den: 522 sq. ft; two bedroom + den: 776 sq. ft.; townhomes: 1,247 to 1,463 sq. ft.
Pricing: Starting from $241,900
Status: Completed
Occupancy: Move-in ready
Sales centre: Townhouse 08 – 10378 133rd St., Surrey
Phone: 604-951-9283
Website: waveliving.ca

CONTRIBUTED

metro

TODAY'S HOROSCOPE:

Neptune is suggesting that now may be the perfect time to get the Metro News App



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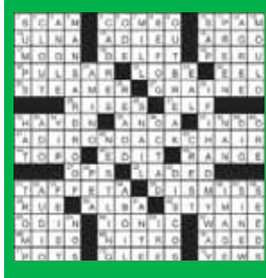

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for more fun and games go to metronews.ca/games

metro SPORTS

Minnesota Timberwolves forward Andrew Wiggins will play in the NBA All-Star Rising Stars Challenge on Feb. 12 in his hometown Toronto

Highly touted Chychrun promotes mental health

HOCKEY

OHL star a spokesman for Do It for Daron

Cam Tucker
Metro | Vancouver

Several months from now, Jakob Chychrun is expected to walk to the podium as a potential top-five draft pick in the National Hockey League, a sign of his burgeoning talent as a 17-year-old defenceman.

Away from the ice, he's taken up a cause that became very close to him and his family — to be a spokesman for Do It for Daron (DIFD), a youth mental-health awareness program in memory of his cousin, Daron Richardson, who committed suicide at the age of 14.

"It really hit home when it happened. Since then, her parents (Stephanie and Luke Richardson) have done everything they can to raise awareness for it," said Chychrun on Wednesday.

"I'm trying to create an opportunity where I have a voice throughout my career and try (to) build a voice for the foundation and do everything I can to raise more awareness for mental health."

Chychrun, who plays for the Sarnia Sting and is currently the No. 2-ranked North American skater by NHL Central Scouting, is in Vancouver for the CHL Top Prospects Game at Pacific Coliseum on Thursday.

Wednesday was Bell Let's Talk Day — an initiative designed to help end the stigma around mental illness, while raising money for mental-health programs. The Twitter hashtag #BellLetsTalk was circulating on the social-media website throughout the day.

> **Talk to people about it because there's so many people willing to help.**
> Jakob Chychrun

Since 2010, Bell has donated more than $73 million in support of mental health, according to a release last September.

"The biggest thing is there's a stigma around (mental illness) that you have to be ashamed of it. And ... that's not the case at all," said Chychrun.

"The biggest thing you have to preach to kids is to just be open about it and talk to people about it because there's so many people willing to help."

As an OHL rookie in Sarnia last season, Chychrun went to the team and asked if it could have a Do It for Daron night. He called the event last February a success, and the Sting has another DIFD game in support of mental health scheduled for Friday.

"It goes a long way once you're able to open up about it. I think that's the biggest step," he said. "You'll see how much that helps you when you're finally able to open up."

Jakob Chychrun of the Ontario Hockey League's Sarnia Sting is the No. 2-ranked North American skater by NHL Central Scouting. TERRY WILSON/OHL IMAGES

TOP PROSPECTS

Ronning out to prove he's deserving of honour

Ty Ronning may have been named to the CHL Top Prospects Game as an injury replacement for Tyler Benson, but the skilled Vancouver Giants scorer isn't here merely to occupy space on the bench or ice.

With 26 goals and 41 points in 45 games this season, Ronning is out to show he deserves to be in this game, which goes Thursday at Pacific Coliseum.

"I'm here to prove myself. I'm given an opportunity and I'm going to try to take full advantage of it," said Ronning.

NHL Central Scouting had Ronning ranked 82nd amongst North American skaters.

Scouts might scoff at the fact Ronning is listed at five-foot-nine-inches tall and 165 pounds. But his offensive totals can't be ignored.

Playing in front of NHL scouts will be nothing new for Ronning. But playing before possibly hundreds of them, as well as team executives, presents something entirely different from the norm.

"I heard there's going to be like 700 (scouts)," said Ronning. "But you've got to look at it as another game.

"I've just got to keep the focus and have fun out there.... You've got to look at it, maybe, like the stock market. My stock maybe could go up or it could go down." CAM TUCKER/METRO

NHL

Cherry not high on Canadian teams

Canada's seven NHL teams sit outside of the playoffs heading into the all-star break, and Don Cherry doesn't envision the picture getting much rosier come April.

The famed hockey pundit predicts the Vancouver Canucks will get into the post-season in the Western Conference, while adding that the Montreal Canadiens could sneak in as one of the East's top eight clubs.

"At one time we had six (Canadian teams) in. I'd love to see six in, but I don't think it will happen," Cherry said Wednesday.

2

The Canucks currently sit two points out of the playoffs.

Cherry is in Vancouver for Thursday's BMO CHL/NHL Top Prospects Game. THE CANADIAN PRESS

IN BRIEF

Preds cap perfect road trip with win over Flames

Shea Weber's second-period power-play goal stood up as the winner Wednesday night as the Nashville Predators completed a perfect road trip with a 2-1 win over the Calgary Flames.

The Predators, who opened the night one point back of a wild-card spot in the Western Conference, finished a four-game road trip 4-0-0, having also picked up wins in Winnipeg, Edmonton and Vancouver. THE CANADIAN PRESS

Cavaliers rout Suns

LeBron James scored 21 points before sitting out — and dancing — in the fourth quarter, Kevin Love added 21 points and 11 rebounds, and the Cleveland Cavaliers stormed away in the second half for a 115-93 victory over the Phoenix Suns on Wednesday night.

Sluggish for the first 24 minutes, the Cavs opened the second half with a 12-0 run and sent Phoenix to its 17th loss in 19 games. THE ASSOCIATED PRESS

NFL

Newton not worried about pleasing critics

Panthers quarterback Cam Newton suggested for the first time Wednesday that race may play a factor in why he's become a lightning rod for public criticism.

"I'm an African-American quarterback that scares people because they haven't seen nothing that they can compare me to," said the six-foot-five, 245-pound Newton.

The No. 1 draft pick in 2011, Newton has his share of detractors who either don't like how he plays, his celebrations or his abundance of self-confidence.

Cam Newton GETTY IMAGES

Newton, a leading league MVP candidate, said he learned a long time ago that he can't please everyone.

"People are going to judge, and have opinions on things I don't have control over," Newton said. THE ASSOCIATED PRESS

TENNIS

Williams cruises to final

Serena Williams gave another reminder of her dominance in women's tennis with a 6-0, 6-4 win in the Australian Open semifinals against Agnieszka Radwanska, who is soon to move to the No. 3 ranking.

Serena Williams GETTY IMAGES

Six-time champion Williams has never lost a semifinal or final at the Australian Open. The first set was no contest, over in 20 minutes. Williams hit 18 winners and Radwanska, in her fifth major semifinal, had just one.

The second set was closer, with Radwanska holding serve three times and breaking Serena's powerful serve once. But Williams, 34, switched gears again to finish it off, winning the last eight points of the match and closing with a big forehand winner.

THE ASSOCIATED PRESS

The dish on 'Meatloaf'

TENNIS

Raonic's childhood coach recalls path to stardom

Luke Simcoe
Metro | Toronto

Before he was the Maple Leaf Missile, Milos Raonic's nickname was "Meatloaf."

"I doubt he'd like it if you called him that now," joked Casey Curtis, his childhood tennis coach. Curtis has known Raonic since he was just an eight-year-old with a racquet in Thornhill, Ont. He coached him for nine years, helping develop the booming serve and driving groundstrokes that have propelled Raonic into the sport's upper echelons.

Ranked 14th in the world, Raonic's success has shone a spotlight on Canadian tennis. He powered his way to the Australian Open semifinals on Wednesday and will face off against Andy Murray on Friday for a spot in the final. No Canadian man has ever won a grand slam trophy, but Curtis thinks Raonic has what it takes to beat history.

"It looks like he's playing 20 to 25 per cent better, which is a huge improvement for a guy at that level," Curtis said. "I'm glad he's doing it. It's what he's capable of."

Raonic has been playing more like he did when he was young, Curtis said, when he tried to emulate the serve-and-volley style of his idol, Pete Sampras.

"I can show you video from when Milos was a kid. His game hasn't changed much," he said. "He may be a quiet guy, but on the court he's an aggressive player who likes to go for his shots."

That aggression was a problem for the younger Raonic, who Curtis described as "a rambunctious junior" with a "temper."

Carlos Moya, a former tennis pro who is part of Raonic's coaching staff, "has taught him to be a little calmer, not only during matches but also in between matches," Curtis said.

As Raonic preps for his match against Murray, Curtis is offering up a little advice to his old prodigy.

"I'm not sure a 150 km/h kick serve is going to bother Andy. He's going to need to put some pace on it," he said. Fortunately for Raonic, big serves are his specialty.

Milos Raonic GETTY IMAGES

AUSTRALIAN OPEN

Milos Raonic reached the final four in Melbourne for the first time Wednesday with a 6-3, 3-6, 6-3, 6-4 victory over Gael Monfils of France.

Raonic, who is known for his big serve, had just 10 aces to Monfils' 14.

The 25-year-old, who equalled his personal-best winning streak of nine matches from 2012, completed the victory in just over two hours.

Raonic next plays No. 2-ranked Andy Murray. They are 4-4 in career head-to-head matches, with Murray winning their last two meetings — in 2015 at Madrid and late 2014 in London.

THE CANADIAN PRESS

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RECIPE Chicken Milanese

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This crispy, lemon-y chicken is highly addictive and should only be cooked if you're ready to make it once a week for the rest of your life. You've been warned.

Ready in
Prep time: 15 minutes
Total time: 30 minutes
Serves 4

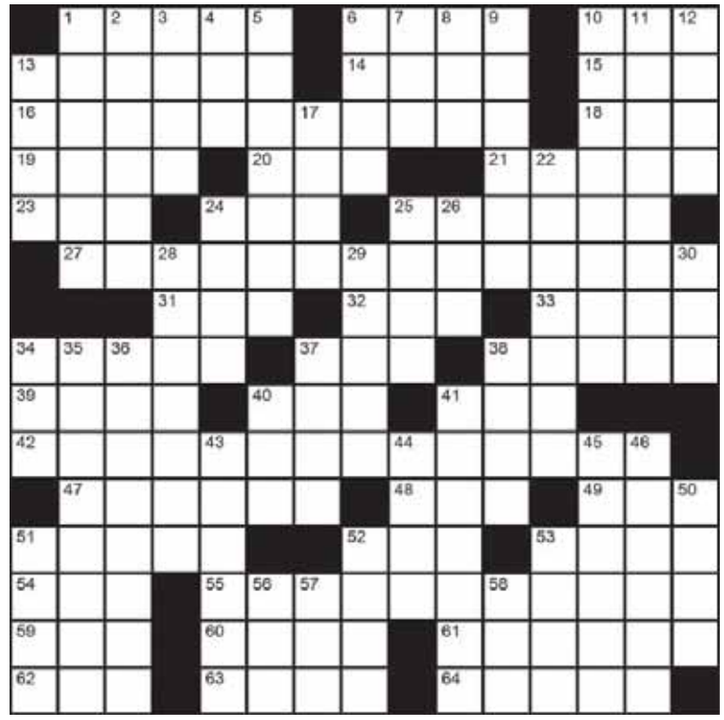
Ingredients
- 1 pint of cherry tomatoes
- 1 garlic clove, sliced
- 2 Tbsp olive oil
- 1 Tbsp of balsamic vinegar
- Salt and pepper
- 2 chicken breasts
- 1 cup panko
- 1/3 cup Parmesan cheese, finely grated
- 1 Tbsp lemon zest
- 2 eggs
- 1 or 2 Tbsp olive oil

Directions
1. Preheat oven to 400 F.
2. Place tomatoes, garlic, olive oil, vinegar, salt and pepper on a baking sheet. Toss together then bake 20 minutes. Set aside.
3. With a sharp knife, slice the chicken in half so you end up with four thin cutlets. Place them on a work surface between two sheets of cling film. Use a rolling pin or meat mallet and pound until cutlets are 1/4-inch thin.
4. Whisk eggs in a shallow bowl. Mix panko, Parmesan, lemon zest and salt and pepper on a plate. Dip each piece of chicken into the egg, then press them on each side in the panko mixture and place on a clean plate.
5. Pour olive oil in skillet over medium heat. Place chicken in the hot oil and cook on each side until they're golden brown and crispy, about 5 minutes a side.
6. Serve with fresh arugula and roasted cherry tomatoes.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Sampled
6. Alpha, __, gamma...
10. "Law & Order: _ _ _"
13. TV personality Ms. Shepherd
14. Awestruck
15. Never: German
16. As per #27-Across... _ _ citizen
18. Basketball's li'l Magic city
19. Barge _ _ (Intrude)
20. Shed tool
21. Play it up on stage
23. Green places in cities [abbr.]
24. __-dropping
25. "Calling Occupants of Interplanetary Craft" is a song by Canadian band __ that The Carpenters covered in 1977
27. It says only a #16-Across is eligible for Office of President: acr. + wd.
31. Egg layer
32. Mr. McMahon's
33. D'Urbervilles heroine
34. Mr. Martin (Coldplay singer)
37. Angry
38. Cast
39. Judge
40. Games org.
41. Superstar
42. Tom Cochrane hit: 4 wds.
47. Sparks of light
48. Little: French
49. Cave
51. Treaty of __ (War of 1812 finisher)
52. Web feed syst. for updates
53. Rattle
54. Sen. Ted Cruz (_-_-_): 2016 Presidential candidate who came into the world in Canada in 1970, that's why #27-Across has been in headlines lately
55. Start of the American document at #27-Across created in 1787: 3 wds.
59. Riddle-me-__
60. "Rolie Polie _"
61. GM car safety system
62. Medical pros
63. Actress Ms. Ward
64. Breakfast serving

DOWN
1. Alanis Morissette song: wd. + letter
2. Flip the coin again
3. Lady Antebellum's "_ _ to You"
4. Be mistaken
5. Actress Ms. Carroll
6. Styx tune
7. Self-importance
8. Leafs, on scoreboards
9. Lamb: French
10. Even more snobby
11. Skilled violinist
12. River to the Ubangi
13. Cut
17. Un-highs
22. Actor Mr. Perry
24. Pesci and Piscopo
25. Captain _ (17th-century sailor)
26. Mil. officers
28. Add one's opinion to the debate: 2 wds.
29. Instruct
30. Australian state [acronym]
34. Gladiator's 450
35. Intensify
36. Automatic reactions
37. Extinct flightless birds
38. "Ac-Cent-__-Ate the Positive"
40. 'Lobby' suffix
41. Laser target in a dermatologist's office, perhaps: 2 wds.
43. How animals boarded Noah's Ark: 2 wds.
44. _ dixit (Unproven claim)
45. Adjusts
46. Loudly scold: 2 wds.
50. Not ever, poetically
51. Rover's warning
52. Ms. Perlman
53. Pink: Spanish
56. 'Client' ending (Patronage)
57. Up to, poetically
58. Antacid brand

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Don't back off. The only way you are going to get past your problems is by rolling up your sleeves and getting stuck in to whatever it is that is making you feel blue.

Taurus April 21 - May 21
Your social life will get a boost- and there's a possibility that love will come into your life — you will certainly meet someone who gets your pulse racing. It may not be the love of your life, but it will be fun!

Gemini May 22 - June 21
You are living beyond your means and must make the necessary adjustments. They will be even more painful in the long-term if you don't make them now.

Cancer June 22 - July 23
You have to be ruthless with those who seem to get a kick out of making life difficult for you. Both in your personal life and at work don't be afraid to cut ties that hold you back.

Leo July 24 - Aug. 23
There are times when even a Leo knows they must bend with the breeze. The winds of change are simply too strong for you to resist any longer. It's time for a change!

Virgo Aug. 24 - Sept. 23
You're in one of those moods — you enjoy stirring up trouble. There's something in the Virgo nature that delights in creating chaos. You're sure to say or do something that causes an uproar today.

Libra Sept. 24 - Oct. 23
You're willing to fight for what you believe in, and that's good because you will be challenged by someone who disagrees strongly with your opinions today. Don't give them an inch — there is no middle ground!

Scorpio Oct. 24 - Nov. 22
Someone will come into your life and open your eyes to new possibilities. They'll remind you that, important as your own affairs are, there is a world out there that cannot be ignored.

Sagittarius Nov. 23 - Dec. 21
You seem to prefer the dream world inside your head to the real world around you. What happens next will remind you that the real world is not such a bad place.

Capricorn Dec. 22 - Jan. 20
Look back over the past few months and ask yourself what you actually achieved. Rather a lot, most likely, so why are you still feeling down? Snap out of it because new opportunities are coming. Be ready for them.

Aquarius Jan. 21 - Feb. 19
Your head is full of great ideas but they must stay there; you won't have the chance to follow up on them for a while. Even if you miss one opportunity there will always be another.

Pisces Feb. 20 - March 20
Focus on what it is that you do better than anyone else. The more narrow your range the more successful you will be. If an issue doesn't concern you directly you must ignore it.

CONCEPTIS SUDOKU by Dave Green

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6 FRESH WAYS TO RETHINK THAT BOX OF PASTA

On crazy weeknights, sometimes the only thing standing between you and yet another order of takeout... is a box of pasta. Start with 12 ounces of any shape pasta, cooked and drained according to package instructions. Here are a few easy pasta meals to solve your weeknight dinner woes. THE ASSOCIATED PRESS

1 Shrimp with Tomatoes, Red Onions and Basil

In a large skillet, heat 3 tablespoons olive oil, then add 4 cloves thinly sliced garlic and cook until just starting to brown. Add 2 diced large tomatoes and 1 finely chopped small red onion. Cook for 2 minutes, then add 1 pound peeled and deveined cooked shrimp. Cook just until heated through. Stir in the pasta and add 1 cup torn fresh basil leaves. Serve topped with additional olive oil and shaved Parmesan cheese.

2 Brothy Beef and Mushroom

Cook 8 ounces button mushrooms (whole or sliced) in a skillet with a little olive oil. Transfer to a plate, then cook 1 pound thinly sliced flank steak in a bit more oil. Season with salt and black pepper. Add 1 cup low-sodium beef broth and 1/2 cup low-sodium chicken broth. Stir in the pasta and mushrooms. Serve topped with chopped fresh chives or scallions.

3 Quick Veggie

In a large bowl, toss together a grated medium zucchini, 1 pint halved grape tomatoes, 2 cloves minced garlic, the pasta and a healthy drizzle of olive oil. Season with salt and black pepper, then top with grated Romano cheese or crumbled feta.

4 Bacon, Leek and Swiss

In a large skillet, cook 2 large diced leeks in 4 tablespoons (1/2 stick) butter over medium heat until very tender. Stir in 1/2 cup low-sodium chicken broth and 2 tablespoons chopped fresh thyme. Add 1 cup crumbled cooked bacon and stir in the pasta. Stir in 1 cup shredded Swiss cheese.

5 Creamy Ham and Pea

Melt 2 tablespoons butter in a large skillet. Add 1 diced medium yellow onion and cook until tender. Stir in 1 tablespoon all-purpose flour and stir to coat. Add 1 cup low-sodium chicken broth and whisk together. Add 1/2 cup heavy cream and whisk again. Bring to a simmer, then add 2 cups diced ham and 2 cups frozen peas. Cook for 3 minutes, then stir in the pasta.

6 Thai Chicken

In a skillet, cook 1 chopped large yellow onion in 1 tablespoon vegetable oil. Add 1 cup grape tomatoes and 2 1/2 cups shredded cooked chicken meat. Stir in a 14 1/2-ounce can light coconut milk and 1 to 2 tablespoons red or green curry paste. Bring to a simmer, then add the pasta. Stir in 1 tablespoon fish sauce, if desired. Serve with lime wedges and chopped fresh cilantro.

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